

## LASER FRENECTOMY POST-OP INSTRUCTIONS

A frenectomy is a minor periodontal procedure to relieve the fibrous tissue from between the front teeth. The procedure is done to help keep spaces between the teeth closed after orthodontics or to help allow them to close naturally. The laser is used to reduce the healing time and post-operative discomfort.

1. The frenectomy site will normally have a dark gray appearance. This is called the eschar layer. This layer is your friend. It is a protective layer that will help keep discomfort to a minimum.
2. Try to avoid eating and brushing in the area for 5-7 days. This will help keep the eschar layer intact.
3. You will usually not notice much discomfort in the first two to three days. Once the eschar layer wears off, you will notice some tenderness. Normally, Tylenol, or Ibuprofen will be sufficient to keep you comfortable.
4. Swelling is more common with the laser because it seals the area. It usually is noticeable for 2-3 days afterward and fades quickly.

Office:	(260) 471-1222
	(800) 572-2655
Dr. Lee's Home	(260) 625-6515
Dr. Lee's Cell #	(260) 494-7496